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| BMBeing Me. | CDCelebrating Difference. | DGDreams and Goals. | HMHealthy Me. | RLRelationships. | CMChanging Me. |
| attitudesexcludedvaluecommunityoutcomedemocracyempathise | judgeappearanceuniqueassumptioninfluencetargetwitnessimpression | challengingtruthdisappointmentcounteractresilienceresilientcontributeinternal | valuefollowersrecogniseembarrassmentinadequacyshameguiltassertivepeer pressureanxietyinner-stregnth | appreciationjealousystrategynegotiatecompromisepersonalpressurepressurised | characteristicsexternalpubertymenstruationperiodsemotional |