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| --- | --- | --- | --- | --- | --- |
| BM  Being Me. | CD  Celebrating Difference. | DG  Dreams and Goals. | HM  Healthy Me. | RL  Relationships. | CM  Changing Me. |
| attitudes  excluded  value  community  outcome  democracy  empathise | judge  appearance  unique  assumption  influence  target  witness  impression | challenging  truth  disappointment  counteract  resilience  resilient  contribute  internal | value  followers  recognise  embarrassment  inadequacy  shame  guilt  assertive  peer pressure  anxiety  inner-stregnth | appreciation  jealousy  strategy  negotiate  compromise  personal  pressure  pressurised | characteristics  external  puberty  menstruation  periods  emotional |